



Manu O Ke Kai Canoe Club
June 3, 2023
Māeaea Beach



Aloha kākou,

Manu O Ke Kai Canoe Club would like to welcome everyone to Māeaea Beach for the opening regatta of the 2023 season here at Waialua Bay. We are fortunate to call these waters home, and we are pleased that city officials recently committed to begin constructing a canoe halau across the street on the mauka side of Kamehameha Highway. It's a project that the North Shore community has been planning for 10 years.

We would like to recognize and mahalo our Executive Board, whose diligence and hard work turns so many visions like this one into reality:

President: Dave Fuga

Vice President: Michele Sales

Treasurer: Yolanda Racca

Secretary: Angelica Gutierrez

Registrar/Club Rep: Charlyn Sales

Directors: Aloha Sanborn, Moku Sanborn

Head Coach: Tavita Maea

Coaches: Dave Fuga, Tim Knott, Catharine Lo Griffin, Robert Pactol, Lili Taliulu, Tim Vierra

Assistant Coaches: Varina Amantiad, Jackie Reed

Please remember to pick up your 'ōpala and respect your fellow paddlers. We wish you all a fun, safe, and memorable day in Hale'iwa!

2023 Honoree

Charlyn Sales

We are so very blessed to have this special member, who continues to give her precious time throughout the year, especially during regatta season with all the preparations that's needed.

We cannot express our heartfelt gratitude enough to Charlyn Sales for all the hard work she has done since joining Manu 10 years ago.

She has coached our youth, leading the girls 12 to state champions, coached our senior women,

and now holds the endless responsibility of being our club representative and registrar. Whew!!

Charlyn is a mother of 4 and grandmother of 12 and is enjoying the life of retirement.

Besides paddling, she also enjoys hula, soccer, pickle ball, sewing, gardening, country line dancing and volunteering at St Micheals Church in Waialua.

We would like to present this award of acknowledgement and 2023 Honoree to Charlyn Sales.

Mahalo Nui and Imua Manu!!!!!!!!!!



Through the Eyes of a Novice Paddler

By: Noah Grodzin

The bow of the Wa`a comes slamming down off the swell. The wind blows into my hair and eyes as salt water sprays into the air. I stare focused straight ahead trying my best to stay in unison with my other paddlers. Furiously rotating my arms thinking about all the things my Coach has taught me about the stroke.

The steersman barks encouragement from the back of the canoe "*stay together!*" The only other noise you hear are the paddles cutting through the water and the yelp to switch sides. *Paddles up!* and we take a break. We float in the water, I breathe and look around in amazement, how did I get here, how am I doing this?

When I first stepped on the beach at Manu O Ke Kai, I had not previously held a canoe paddle in my hands or sat in an outrigger canoe. I was a true canoe and ocean novice.

All that changed in one night after being encouraged by a friend to show up to an early season practice. That one night led to another night, and then another, and another, and so on. Before I knew it I had been paddling non stop for over a year and in that time I learned about the culture, tradition, and sport of Hawaiian Outrigger Canoe paddling.

As novices we participated in community events and were taught the importance of showing respect and gratitude for our surroundings. Along the way I had a number of incredible experiences and made more friends then I knew I could, one of the hardest parts about being a novice was learning all the new names!

I am truly grateful to all the Coaches and Manu club members that have taken the time to share their wisdom and knowledge with me.

Mahalo Manu!
IMUA MANU!



LAST CALL!

Today, June 3rd is the last day to pre-order your
Hui Wa'a 50th anniversary merchandise.

Be sure to select your favorite club, so they receive a credit of
50% of the net profit from the sale.

Visit HuiWaa.com/store or use the QR code below!

Mahalo for your support!



Looking for today's RESULTS?



Got something to share?

Celebrate an anniversary, send a Happy Birthday, offer Thanks, or wish someone Good Luck with an ad in our event program. This is a great place to advertise an event or business, too!

Cost is only \$20 for a full page (or \$10 for a half.)

Program is distributed in black and white print at the race and full color online. Deadline is the Wednesday before race day.

Contact publicity@huiwaa.com for more information.



Today's Menu

Breakfast

Fried Rice, Eggs, sausage \$ 5.00

Lunch - Hawaiian Plate

**Lau Lau, Rice, Chicken Long Rice,
Potato Salad \$15.00**

**Kalua Pig & Cabbage, Rice,
Chicken Long, Rice, Potato Salad \$12.00**

Spam Bowl \$5.00

Baked Goods \$2.00

Canned Drinks/Bottled Water \$1.00



HUI WA'A / DRAWING OF LANES / HUI WA'A CLUBS: 19

OFFICIAL ORDER and DISTANCE	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44							
E Alapa Hoe Canoe Club	AAA	5																																																		
P Pukana O Ke Kai	A	3																																																		
S Windward Kai	A		7																																																	
W Waikiki Yacht Club	A																																																			
B Waikiki Beach Boys	A																																																			
M Na Keiki O Ka Mo'i	AA	1	6	5	3	1	2	3	5																																											
F Manu O Ke Kai	AAA		5	3	2	4	5	4	9	11	7	1	4	3	2	2	7	5	7																																	
H Lokahi	AA		2																																																	
V Kumulokahi-Elks	A																																																			
K I Mua	A																																																			
A Kai Poha	A																																																			
X Kalihi Kai	A		3	6	5	3	4																																													
Z Ka Mamahoe Canoe Club	A																																																			
I Kamehameha	A																																																			
J Kaneohe	AA	2	1	4	1	2	3	1	1	13	5																																									
R Hale'iwa Outrigger	A																																																			
Y Kamaha'o Canoe Club	A																																																			
O Team Olelo	A																																																			
L Lāhui O Koolauloa	A	4	4	2	4																																															

REGATTA: Manu O Ke Kai Regatta
 CLUB, COLOR, & NUMBERS: Alapa Hoe Canoe Club - , E; Pukana O Ke Kai - , P; Windward Kai - , S; Waikiki Beach Boys - , B; Na Keiki O Ka Mo'i - , M; Manu O Ke Kai - , F; Lokahi - , H; Kumulokahi-Elks - , V; I Mua - , K; Kai Poha - , A; Kalihi Kai - Brown / Beige, X; Ka Mamahoe Canoe Club - , Z; Kamehameha - , I; Kaneohe - , J; Hale'iwa Outrigger - , R; Kamaha'o Canoe Club - , Y; Team Olelo - , O; Lāhui O Koolauloa - , L;
 DATE: June 3rd, 2023
 SITE: Haleiwa